



Helpline | 419-904-CARE (2273)

A division of Zepf Center



About the Crisis Care Helpline

The Crisis Care Helpline is staffed **24 hours a day, 365 days a year** by a qualified mental health professional to assist with Mental Health and Substance Abuse Disorder needs. In addition to that, it also delivers immediate engagement, assessment, and referral services. We know every person is different. The Care Helpline is here to link people to the treatment they need, whether that is inpatient, or outpatient. **For more detailed information on our Crisis Care, please visit www.zepfcenter.org.**

WHAT HAPPENS AFTER I REACH OUT?

If it is determined, based on the phone call, that a face-to-face screening is needed, a crisis screening will be arranged in the safest environment for the individual and the Crisis Care Mobile Outreach Team.

WHAT DO WE MEAN BY CARE?

CARE stands for **Crisis, Access, Recovery and Engagement.**

It is a four-step program designed to help with every unique Mental Health and Substance Abuse Disorder (SUD) need.

YOU ARE NOT ALONE, WE CARE!

The Crisis Care Helpline is available to help now, any time, any day to help people struggling with mental health and addiction needs.

Call 419-904-CARE to reach our team!

Crisis Care is located at 2005 Ashland Ave, Toledo OH, 43620

Crisis Care Mobile Outreach Team

The Crisis Care Mobile Outreach Team is a group of professionals on-hand to assist during a mental health crisis. They are the mental health first responders. The goal is to assess and engage individuals presenting in crisis as effectively and efficiently as possible and in the least restrictive environment.

The Crisis Care Mobile Outreach Team will determine the next course of action, including providing a community referral, referring to a behavioral health center for an intake, or referring to the appropriate level of care.

